

The chest strap is NOTpowered on if not in contact with your body.

To add a new Bluetooth Polar Chest Strap, you must wear the chest strap and place it correctly on your body.

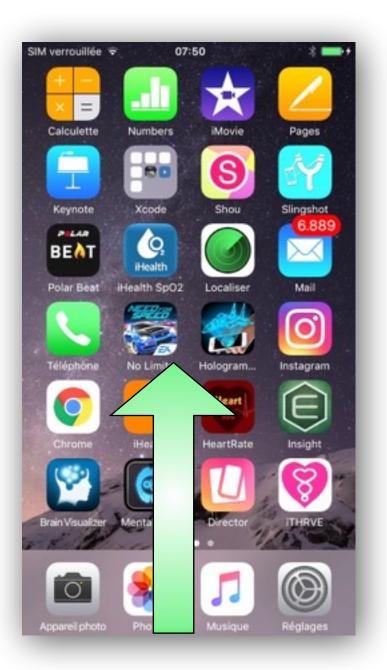
See « How to wear a hear rate sensor »:

http://support.polar.com/us-en/support/tips/How_to_wear_a_heart_rate_sensor_with_textile_strap

The most accurate data acquisitions are done with the use of « Heart Rate Monitor Electrode Cream » like :

https://www.amazon.com/Buh-Bump-2-5-Ounce-Electrode-Chamois-Buttr/dp/B01AKFG67A/ref=sr 1 9?ie=UTF8&gid=1470895470&sr=8-9&keywords=electrode+cream

Make sure Bluetooth is ON

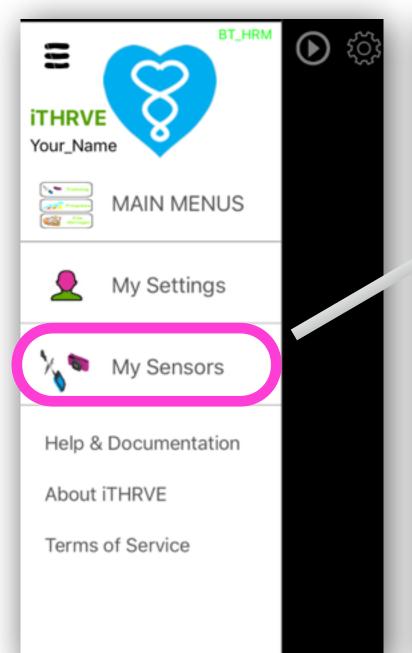


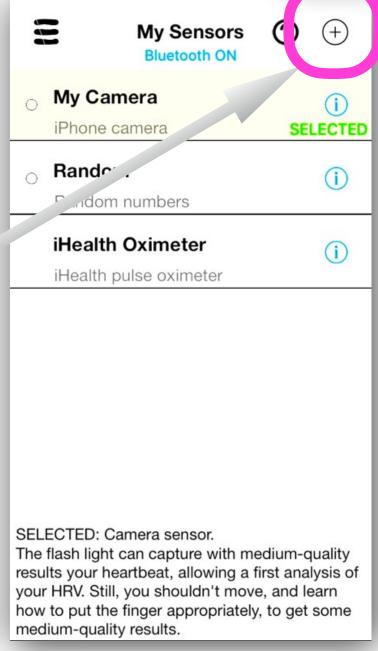




To add a new HRV Bluetooth sensor









Also for Polar compatible
HRV Bluetooth sensors
like
BT_HRM earclip sensor

Bluetooth Devices	l	Bluetooth Device		\Diamond	
Polar H7 7DFDF410 -80%	ı	NickNan	ne:		
	ı	Name:		Polar H7 7DFDF	
	ı	Signal S	trenght:		-71
	ı	Service:		Heart Rate Connected 100%	
	ı	State:			
	ı	Battery	Level:		
	ı	Body Lo	cation:		Chest
	ı	Scannin	g:		Yes
		Add S	Sensors	More I	Details

Selecting a new HRV Bluetooth sensor

